

The Basic Course was designed to meet most state requirements for a Basic Esthetician's license.

Basic Course Practical “hands on” Training:

Facial Treatments -
including cleansing, exfoliation, extractions, facial massage, mask application, toning, and moisturizing
Skin Analysis utilizing magnification, Wood’s Lamp and uv camera
Natural nail manicures
Natural nail pedicures
Paraffin Treatments
Facial Waxing
Body Waxing
Eyebrow Contouring
Hand/arm Massage
Foot/leg Massage
Back Massage
Scalp Massage
Neck & Decollete Massage
Facials
Specialty Masks -
including rubberizing mask, collagen mask, and more
Acne Treatments
Basic makeup application
Dramatic makeup application
False Eyelash application
Eyebrow tinting
Eyelash tinting
Eyelash perming
Ear Candling
Back Treatments
Basic Chemical Peeling
Skin Exfoliation Techniques

Basic Course Classroom Theory Lectures:

Textbook Used:

Milady's Standard Esthetics Fundamentals; Textbook and Workbook

Skin Care History and Opportunities
Professionalism
Sanitation and Disinfection
Anatomy, Physiology, and Histology of the Skin
Basic Chemistry
Product Ingredients
Electricity Basics
Skin Disorders and Diseases
Skin Analysis
Basic Facial Theory
Theory on Facial Machines
Hair Removal
Free Radicals
Antioxidants
Enzymes
Chemical Peels
Cosmetic Procedures
Pre and Postoperative Care
Makeup Theory

Business of the Salon/ Spa World
Product Sales and Services